### TULANE RESOURCES

#### **LONG-TERM RESOURCES**

#### CARE COORDINATION

The Care Coordinator's role is to connect Tulane students to appropriate external mental health care resources. Call Campus Health at 504-314-2277 and ask to speak to the Care Coordinator, or email carecoordinator@tulane.edu.

#### TULANE.THRIVINGCAMPUS.COM

Visit Thriving Campus to connect with community providers and access off-campus mental health care.

#### **SAME- OR NEXT-DAY RESPONSE**

#### THE COUNSELING CENTER

The Counseling Center offers same-day consultations during normal business hours for students who need to speak to someone right away. To request a same-day consultation, call 504-314-2277 and let them know you'd like to be seen as soon as possible.

# CASE MANAGEMENT & VICTIM SUPPORT SERVICES (CMVSS)

When you encounter a challenge and don't know who to turn to, call CMVSS at 504-314-2160 (during business hours) or check cmvss.tulane.edu for their walk-in hours.

### REPORT A CONCERN: TULANE.EDU/CONCERNS Please note this form is not monitored 24/7. If you need

Please note this form is not monitored 24/7. If you need emergency assistance, please contact support listed below.

#### **EMERGENCY RESPONSE**

#### STUDENT AFFAIRS PROFESSIONAL ON CALL

When you encounter a challenge and don't know who to turn to outside of business hours, call SAPOC at 504-920-9900 (on call 24/7).

TUPD/TEMS (UPTOWN): 504-865-5911 TUPD (DOWNTOWN): 504-988-5555

#### CONFIDENTIAL HOTLINE SUPPORT

THE LINE: 504-264-6074 (24/7 CRISIS SUPPORT)

SAPHE: 504-654-9543 (SEXUAL AGGRESSION PEER HOTLINE)

### **COMMUNITY RESOURCES**

## METRO CENTERS FOR COMMUNITY ADVOCACY

504-837-5400, metro@mccagno.org, mccagno.org Metro offers counseling, shelter, legal information and advocacy, stalking safety information, and referrals to community resources (confidential).

#### **NEW ORLEANS FAMILY JUSTICE CENTER**

504-866-9554 (crisis hotline), 504-592-4005 (office) nofjc.org

New Orleans Family Justice Center is a partnership of agencies dedicated to ending family violence, child abuse, sexual assault, and stalking through prevention and coordinated response by providing comprehensive client-centered, empowerment services in a single location.

## NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) NEW ORLEANS

Text NAMI to 741741 - Connect with a crisis counselor, who will help you move from a hot moment to cool and calm NAMI Help Line (M-F, 10 am - 10 pm): Call 1-800-950-6264 or text 62640

#### namineworleans.org

NAMI New Orleans offers hope, help, and healing to people with mental illness – and to those who share their lives – through family support, education and advocacy, and quality psychosocial services.

# STAR (SEXUAL TRAUMA AWARENESS AND RESPONSE)

1-855-435-7827 (24/7 crisis hotline), star.ngo STAR provides advocacy, counseling, and legal services are available to survivors of sexual violence at no cost, and are intended to assist someone at any stage of healing.

#### **NATIONAL SUICIDE & CRISIS LIFELINE**

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